

THE 90-DAY BLUEPRINT: Execution Template

Vision: Build with Clarity, Execute with Precision.

1. The Three Pillars (Project Definition)

Identify your 3 non-negotiables for the next 90 days. If it's not here, it doesn't get your "Prime Time."

- **PILLAR 1:** _____
- **PILLAR 2:** _____
- **PILLAR 3:** _____

2. The Construction Timeline (90-Day Milestones)

A building rises in stages. Break your pillars into monthly "Structural Phases."

Phase	Timeline	Primary Objective
Phase 1: Foundation	Days 1–30	Research, setup, and the "First Brick" launch.
Phase 2: Core Build	Days 31–60	The "Heavy Lifting." 80% of execution happens here.
Phase 3: Inspection	Days 61–90	Polishing, testing, and final delivery.

3. The Weekly "Site Inspection" (Sunday Reset)

Fill this out every Sunday evening to ensure the blueprint is still being followed.

1. **Structural Health Check:** On a scale of 1-10, how focused was I last week? []
2. **The Big Three (Weekly Wins):** What is the ONE move for each pillar this week?
 - **Pillar 1 Move:** _____
 - **Pillar 2 Move:** _____
 - **Pillar 3 Move:** _____
3. **Hazard Identification:** What distraction or "Scope Creep" threatened my clarity last week?
 - _____
4. **Deep Work Schedule:** List your 3 "Construction Blocks" (90 mins of uninterrupted work):
 - **Block A:** [Day/Time] | **Block B:** [Day/Time] | **Block C:** [Day/Time]

4. The Daily Bricklayer Ritual

This secret to a finished building is the consistency of the daily brick.

-  **The Morning Foundation (0-60 mins):** No email. No social media. Lay one "brick" for your **Pillar #1**.
- **The Mid-Day Alignment:** Quick check—Am I following the blueprint or reacting to the noise?
- **The Evening Site-Clear:** Clear your physical and digital desk. Prepare the "First Brick" for tomorrow.

5. The Architect's "No" List

To protect the pillars, you must identify what you will NOT build.

- I will say "No" to: _____
- I will delegate: _____
- I will pause until next quarter: _____

"A blueprint is only as strong as the architect's discipline to follow it."